

The IBSRAO Program



ICF Program for Youth with IDD and Intensive Behavioral Health Needs

What does “ICF”, and “IDD” stand for?

- ICF stands for Intermediate Care Facility
- IDD stands for Intellectual/Developmental Disability

What is the IBSRAO ICF for youth?

- The IBSRAO ICF is an Intermediate Care Facility for youth generally between the ages of 10 and 17 that have IDD and have complex and intensive behavioral health needs that require comprehensive intervention and therapeutic services in a specialized residential setting.
- IBSRAO means “Intensive Behavior Support Rate Add On” which refers to a type of funding that these specialized ICFs receive from Medicaid.
- These are small, community-based facilities that serve 6 youth or fewer in a structured environment.
- The Ohio Department of Developmental Disabilities (DODD) determines admission to the IBSRAO ICF.
- Youth that are admitted to the IBSRAO come from all over Ohio and may enter at any time.

Why would a youth need the services of the IBSRAO ICF?

- Some youth with IDD and intensive behavioral support needs are unable to access the needed treatment and supports in their home. An out-of-home residential setting assists the youth to stabilize and helps determine the support needs of the youth and family.
- While the goal is to keep youth in their homes whenever possible, there may be times that youth require treatment within a residential setting.

What types of goals would the ICF staff focus on while the youth is in the IBSRAO ICF?

- Goals are individualized for each youth and are developed by a team approach including the family and the youth. Goals for the youth in the IBSRAO might include:
 - learning to use skills to regulate emotions,
 - advancing communication skills and abilities,
 - improving social competencies and group interactions
 - gaining daily living skills
 - expanding leisure interests and skills
- The goals are outlined in the youth’s Ohio Individual Service Plan (OhioISP).
 - [Ohio ISP: Part One](#) and [Ohio ISP: Part Two](#)

What type of service and support does the IBSRAO ICF provide for the youth?

- The IBSRAO ICF program provides for all the youth's needs while they are in the program.
- Examples of services that the youth might receive in the IBSRAO ICF include support for personal care; medical and nursing services; psychiatric services; therapies such as occupational, speech, or music therapy; behavior specialist; individual and family counseling.
- All services and support are provided through the lens of trauma informed / trauma responsive care.

Who are the people that provide the service in the IBSRAO ICF?

- In addition to physicians, nurses, social workers, therapists, etc., the youth in the IBSRAO ICF receive their daily support from a team of professionals that staff the house. These include Qualified Intellectual Disabilities Professionals (QIDP) and Direct Support Professionals (DSP).
- Providers of service and support in the IBSRAO ICF specialize in the care of youth with IDD and complex behavioral health needs. Staff providing daily support are required to complete specialized training that focuses on knowledge, skills, and interventions to support the unique needs of these youth.

How long do youth stay in the IBSRAO ICF?

- The length of stay can vary and is based on the individual needs of the youth.
- Generally, the length of stay is no less than six months with an average length of stay being eight months.
- Occasionally, a youth may transition out of the IBSRAO ICF program but find a re-admission to be necessary in the future.

How are the youth educated while living in the IBSRAO ICF?

- Youth living in the IBSRAO ICF have the right to a Free and Appropriate Public Education (FAPE) in the Least Restrictive Environment (LRE). For youth in the IBSRAO ICF, their education is further defined in their Individualized Education Program (IEP). Because of the unique needs of the youth, the location and structure of their education programs can vary greatly.
- Education of Students with Special Needs. [Rule 3301-51-01 - Ohio Administrative Code | Ohio Laws](#)
- Education of Students in Residential Treatment Facilities. [Students in Residential Treatment Facilities | Ohio Department of Education and Workforce](#)

Who is available to help these youth and families before admission and when discharged from the IBSRAO ICF?

- Families may reach out to their local County Board of Developmental Disabilities. <https://dodd.ohio.gov/your-family/all-family-resources/4-find-your-county-board>
- DODD also has Regional Support Teams that can assist youth and families. Families of youth with IDD and complex behavioral health needs would contact the Cross System Behavioral Health (MSY) team. <https://dodd.ohio.gov/about-us/support-team>