

# Considerations for Intervention and Support for Multi-System Youth with IDD and Behavioral Health Needs



## Leaders Review and Planning Tool

---

The following considerations apply to the multiple environments where teams support youth with IDD and behavioral health needs. Team leaders, regardless of where they practice, teach, or support youth, should review each of these considerations when developing services, supports, and intervention plans.

### Considerations:

- Medical: Health and Wellness
- Trauma and Resilience
- Sensory
- Safety
- Family Support
- Future Planning
- Communication
- Social Competence
- Educational

In order to develop service and support plans for youth that address these considerations, team leaders must have knowledge of each of these areas. In addition, it is important for the entire team to have a working knowledge of these considerations. Team leaders should first reflect on their own knowledge of these areas to identify their strengths and where they may require more information. Leaders should also be aware of their team's level of knowledge in these same areas to identify where training may be needed. A useful tool to assist leaders in this process is the Leaders Review and Planning Tool.

**Step One: Self Review.** Step One is an informal self-assessment for leaders. This step allows leaders to reflect on their own knowledge and skill related to each of the areas in the *Considerations for Intervention and Support Navigation Essentials* toolkit.

**Step Two: Leaders Review of Team.** Step Two is an informal assessment of a team that supports youth with IDD and behavioral health needs. This step allows team leaders to reflect on the knowledge and skill related to each of the areas in the *Considerations for Intervention and Support Navigation Essentials* toolkit.

**Step Three: Plan.** Step Three is for planning. This step provides the opportunity for leaders to select one or more areas of consideration to be the focus of professional development for themselves as well as selecting priorities for training or professional development for the team.

**Step One: Self-Review.** Use the information in the *Considerations for Intervention and Support Navigation Essentials* toolkit to learn about each of the considerations.

- Watch each of the videos for a brief description of each consideration and the impact on youth and their families.
- After viewing a video, consider your current knowledge and skill related to that area of consideration.
- Select the statement that most closely matches your skills and knowledge for that area.
- Add information in the comment section that will be helpful in your self-assessment.

<b>Consideration</b>	<b>1</b> Little or no knowledge.	<b>2</b> Some knowledge but need more to apply the information.	<b>3</b> Knowledgeable and can sometimes apply knowledge in practice.	<b>4</b> Knowledgeable, skilled, and can apply knowledge to implement strategies and supports.	<b>5</b> Lead and mentor team members in the knowledge, skills, and strategies.	<b>Comments</b>
<b>Medical: Health and Wellness</b>						
<b>Trauma and Resilience</b>						
<b>Sensory</b>						
<b>Safety</b>						
<b>Communication</b>						
<b>Social Competence</b>						
<b>Educational</b>						
<b>Family Support</b>						
<b>Future Planning</b>						

**Step Two: Leaders Review of Team.** After viewing the videos in the *Considerations for Intervention and Support Navigation Essentials* toolkit and completing a self-assessment, consider your team’s current knowledge and skill for the same considerations.

- Select the statement that most closely matches your team’s knowledge and skill for that area.
- If knowledge and skill vary widely among team members, consider identifying a sub-group that may have similar training and experience to be the focus of the team assessment.
- Use the comment area for any additional information that will be helpful in your team’s assessment.

<b>Consideration</b>	<b>1</b> Little or no knowledge.	<b>2</b> Some knowledge but need more to apply the information.	<b>3</b> Knowledgeable and can sometimes apply knowledge in practice.	<b>4</b> Knowledgeable, skilled, and can apply knowledge to implement strategies and supports.	<b>5</b> Lead and mentor team members in the knowledge, skills, and strategies.	<b>Comments</b>
<b>Medical: Health and Wellness</b>						
<b>Trauma and Resilience</b>						
<b>Sensory</b>						
<b>Safety</b>						
<b>Communication</b>						
<b>Social Competence</b>						
<b>Educational</b>						
<b>Family Support</b>						
<b>Future Planning</b>						

**Step Three: Develop a Plan to Enhance Knowledge and Skills.** After viewing the videos in the *Considerations for Intervention and Support Navigation Essentials* toolkit and completing the self and team assessments, it is time to develop a plan.

- **Who is the Learner?** Determine if the plan is for the team leader or team members or both.
- **Select Consideration.** Decide which area of consideration will be the focus of the training or professional development plan.
- **Goal.** Review the options of possible outcomes of the training or professional development plan. Review the learner’s current level of knowledge or skill of the consideration. Select an option that will advance the learner’s knowledge or skill for that consideration.
- **Plan.** Review the recommended resources for the selected consideration in the *Considerations for Intervention and Support Navigation Essentials* toolkit. Select resources that align with the desired goal. Include any additional resources that may be useful.

Who is the Learner?	Considerations	Goal	Plan
<p><b>Team Leader:</b></p> <p><b>Team Members:</b></p> <p><b>Others:</b></p>	<p>Medical: Health and Wellness</p> <p>Trauma and Resilience</p> <p>Sensory</p> <p>Safety</p> <p>Family Support</p> <p>Future Planning</p> <p>Communication</p> <p>Social Competence</p> <p>Educational</p>	<ul style="list-style-type: none"> <li>• To develop my or my team’s foundational awareness of the consideration area.</li> <li>• To expand my or my team’s working knowledge/skill in this area of consideration.</li> <li>• To extend my or my team’s knowledge of the application of strategies and supports of the consideration area.</li> <li>• To advance my or my team’s skills as a mentor/leader of the consideration area.</li> </ul>	

Who is the Learner?	Considerations	Goal	Plan
<p><b>Team Leader:</b></p> <p><b>Team Members:</b></p> <p><b>Others:</b></p>	<p>Medical: Health and Wellness Trauma and Resilience</p> <p>Sensory Safety Family Support Future Planning</p> <p>Communication Social Competence Educational</p>	<ul style="list-style-type: none"> <li>• To develop my or my team’s foundational awareness of the consideration area.</li> <li>• To expand my or my team’s working knowledge/skill in this area of consideration.</li> <li>• To extend my or my team’s knowledge of the application of strategies and supports of the consideration area.</li> <li>• To advance my or my team’s skills as a mentor/leader of the consideration area.</li> </ul>	
<p><b>Team Leader:</b></p> <p><b>Team Members:</b></p> <p><b>Others:</b></p>	<p>Medical: Health and Wellness Trauma and Resilience</p> <p>Sensory Safety Family Support Future Planning</p> <p>Communication Social Competence Educational</p>	<ul style="list-style-type: none"> <li>• To develop my or my team’s foundational awareness of the consideration area.</li> <li>• To expand my or my team’s working knowledge/skill in this area of consideration.</li> <li>• To extend my or my team’s knowledge of the application of strategies and supports of the consideration area.</li> <li>• To advance my or my team’s skills as a mentor/leader of the consideration area.</li> </ul>	