

# My Navigation Essentials Plan for Understanding the ICF



<b>Date:</b>	<b>My Name:</b>	
<b>LEARN: Points to Remember</b> <i>Jot Down Two or Three Important Points</i>	<b>DO: Next Steps</b> <i>Two or Three Things I Will Do with this Essential Toolkit Information</i> <i>How I will apply the information learned with my daily actions and interactions</i>	
1.  2.  3.	1.  2.  3.	
<b>Resources and Tools</b> <i>One or Two Important Resources to Bookmark, Locate, and Review</i>	<b>Share</b> <i>Who Needs to Know This Information and How Will I Share It?</i>	
1.  2.	<b>Who:</b> 1.  2.  3.	<b>How:</b> 1.  2.  3.