







All About Me!

An Introduction for the School Team

My Name:	I Prefer to be Called:
My Birthdate:	My Current Age:
My Strengths and Skills 	
My Interests 	
How I Like to Spend My Free Time 	
How I Communicate 	
My Sensory Snapshot 	
My Challenges/Needs 	

What keeps me feeling Safe and Regulated



What makes me feel Stressed, Nervous, or Unsafe



How I look when I feel Stressed, Nervous, or Unsafe



What you can do when I am having a big feeling, panicking, or feeling unsafe.



Priority skills that I am working on at the _____ house



And More About Me



Date:

Who Helped Complete the Profile: